



PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the goal of Men's Health Month is to heighten awareness of preventable health problems and encourage early detection and treatment of disease among men and boys; and

WHEREAS, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, the citizens of Fort Collins are encouraged to *Wear Blue for Men's Health* to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Kristin Stephens, Mayor Pro Tem of the City of Fort Collins, do hereby proclaim June as

MEN'S HEALTH MONTH

in Fort Collins and encourage our community to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and the seal of the City of Fort Collins this 4th day of June, A.D. 2019.

Mayor Pro Tem

ATTEST:

City Clerk