



## PROCLAMATION

**WHEREAS**, during National Diabetes Month, we renew our dedication to combating this chronic, life-threatening illness by standing with those living with diabetes, honoring the professionals and advocates engaged in fighting diabetes, and working to raise awareness about prevention and treatment; and

**WHEREAS**, recent estimates project that as many as one in three American adults will have diabetes in 2050, and an additional 79 million Americans are at high risk for developing type 2 diabetes. Diabetes kills more Americans each year than breast cancer and AIS combined; and

**WHEREAS**, Coloradans are increasingly feeling the effects of diabetes as 316,000 Coloradans suffer from the disease. It is estimated that one out of every three children born after 2000 in the United States will be directly affected by diabetes and the estimated total national cost of diagnosed diabetes in the United States is \$245 billion; and

**WHEREAS**, diabetes is a serious disease and if not managed, can damage many parts of the body, leading to heart attacks, strokes, amputation, blindness, kidney failure and nerve damage; and

**WHEREAS**, diabetes complications can be prevented or delayed by properly managing blood glucose, blood pressure and cholesterol levels and by eating healthy, being physically active and quitting smoking; and

**WHEREAS**, the Colorado Governor's Council for Active and Healthy Lifestyles promotes and supports events and programs that encourage physical fitness, educates citizens on the lifelong benefits of an active, healthy lifestyle.

**NOW, THEREFORE**, I, Karen Weitkunat, Mayor of the City of Fort Collins, do hereby proclaim November 2013 as

### **NATIONAL DIABETES MONTH.**

and I call upon all of the citizens of Colorado, school systems, government agencies, nonprofit organizations, health care providers, research institutions, and other interested groups to join in activities that raise diabetes awareness and help prevent, treat, and manage the disease.

**IN WITNESS WHEREOF**, I have hereunto set my hand and the seal of the City of Fort Collins this 19th day of November, A.D. 2013.

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Mayor

ATTEST:

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