

**City of Fort Collins
Senior Advisory Board**

MINUTES

**Wednesday, February 14, 2018 11:30 a.m.
Fort Collins Senior Center
1200 Raintree Drive
Fort Collins, Colorado 80526**

Mission: The Senior Advisory Board shall serve in an advisory capacity to the Fort Collins City Council on programs and policies that help aging citizens live full and interesting lives and continue to contribute, participate, and share in the life of the community.

NOTE: Light lunch will be provided.

Board Members Present: Dhara Rose, Wendy True, Sue Dalton, Sarah Schilz, Suzanne King, Jason Brabson, Janet Sanders

Staff Present: Katie Stieber, Lisa Hays

Speaker(s) and Guests:

Absent: Greg Wells, excused; Myles Crane excused

- I. Call to Order
- II. Guest introductions
- III. Administrative Items
 - a. Attendance
 - b. Approval of Minutes
 - c. Correspondence
 - d. Update on SAB Activities of the last month
 - i. City Plan Reveal was attended by numerous SAB members
 - ii. State of the City
 - iii.
- IV. Public Participation: guests introduced –
- V. Speakers
 - 11:45 am Bill Swalling with Water’s Edge 30 minutes
Current member PAFC, multiple sub groups. Handout and information on “Ranch Plans are Not Enough”, thinking beyond Aging in Place, Aging in Community
 - 12:15 pm Luke Caldwell Electric Assist Bicycles 10 minutes
Follow up to presentation in January
- VI. Ongoing projects
 - a. March 21, via van or carpool, and attend lunch with select legislators; RSVPs turned in to Office on Aging; done
 - b. Speaker suggestions and discussion
 - i. Laurie Stolen, Behavioral Health Project Manager – working with FC and Loveland City Councils and City Management; representing County Commissioners' initiative re building of Mental Health and Substance Abuse Facility

- ii. Lynette McGowan - Larimer County Office on Aging - LCOA presents classes on Powerful Tools for Caregivers and provides invaluable assistance to caregivers. Lynette is close friend of Greg's wife Leslie (thank you Greg).
- iii. Melody Bettenhausen - Program Director of Ensign Skills Melody knows Alan Beatty and she would be willing to share with us the various programs and resources provided to seniors with low and/or no vision.
- iv. Suggest: SAB should discuss, approve potential dates and send out invitations to these and/or other speakers. Myles would be pleased to help.
- v. Update on who to ask
- vi. March ideas APS Larimer County, Emily or Lori; PAFC – “A Little Help”; Dementia Friendly and longer list created
- vii. Funnel speaker ideas and invitations through Katie

VII. Updates

- a. Senior Transportation Coalition - Jason Brabson; Katy Mason updated on Larimer County plan, interviewing transportation options, create umbrella center; travel training via Transfort
- b. City of Fort Collins Affordable Housing, 1st Thursday, 4 pm; Greg Wells
- c. City of Fort Collins Transportation, 3rd Wednesday, 6 pm, 215 N. Mason community room - Jason Brabson -- did not attend; but is in communication with City staff and others, may form small, unofficial networking group
- d. PAFC steering committee: Myles Crane – Jim Becker in his 3rd week as Exec Dir applying for various grants for the senior community.
- e. PAFC – Housing, Nancy Luttropp- funding issues, planning issues, suggestion speaker on “metro districts”
- f. PAFC culture of aging committee-
- g. PAFC health and wellness committee-Myles – 1) Nine ambassadors were selected for Senior Access Points. Training is scheduled for Feb 16. 2) New self-directed volunteer team meeting on 2/27 to discuss short term project re. mental health for older adults. 3) Aspen Club now offering new complimentary(?) 2-hour program on QPR (Question, Persuade, Refer) for Suicide Prevention.

VI. New Business – Brief Discussion of Any Issues of Concern

- a. Education -
- b. Outreach -
- c. Advocacy
- d. Bridging the Gap meetings will begin March 28, noon, senior center: Nancy Lutropp, Suzanne King;

Adjourn - 1:28 PM

UPCOMING EVENTS:

- a. 2018 Dates requested at SAB Jan meeting for SUMMITSTONE’s free Mental Health First Aid 8-hour Class: All Mondays - 3/5, 5/7, 7/9, 9/10 and 11/5. To register go to mhfac.org.

UPCOMING SPEAKERS:

<i>March</i>	<i>TBD</i>
<i>April</i>	<i>Pete Iingo, City of Fort Collins Utilities 11:45am</i>
<i>May</i>	
<i>June</i>	
<i>July</i>	
<i>August</i>	
<i>September</i>	
<i>October</i>	
<i>November</i>	
<i>December</i>	