

**City of Fort Collins
Senior Advisory Board**

MINUTES

**Wednesday, January 10, 2018 11:30 a.m.
Fort Collins Senior Center
1200 Raintree Drive
Fort Collins, Colorado 80526**

Mission: The Senior Advisory Board shall serve in an advisory capacity to the Fort Collins City Council on programs and policies that help aging citizens live full and interesting lives and continue to contribute, participate, and share in the life of the community.

NOTE: Light lunch will be provided.

Board Members Present: Nancy Lutthrop, Dhara Rose, Wendy True, Sue Dalton, Gregory Wells,
Myles Crane, Suzanne King
Staff Present: Katie Stieber, Lisa Hays
Speaker(s) and Guests: Paulette Murry guest
Absent: Jason Brabson excused, Sarah Schilz excused

- I. Call to Order
- II. Guest introductions

- III. Administrative Items
 - a. Attendance
 - b. Approval of Minutes Wendy moved, Greg seconded, approved
 - c. Correspondence
 - i. Letter to Dr. Frank submitted by Wendy True for review
 - d. Update on SAB Activities of the last month
 - i. Diane presented infographic to City Council

- IV. Public Participation: guests introduced –

- V. Speakers
11:45 am Luke Caldwell Electric Assist Bicycles 30 minutes

- VI. 2018 Senior Advisory Board workplan
 - a. Discussion, Wendy moved to accept, Greg seconded, approved unanimously

- VII. 2017 Annual Report
 - a. Subcommittee to complete
 - b. Unanimous approval

- VIII. Ongoing projects
 - a. Infographic no discussion
 - b. Legislators are in session, Sarah Schilz; potential opportunity for SAB to attend the senior day at the capitol, March 21, via van or carpool, and attend lunch with select legislators
 - c. Speaker suggestions and discussion

- i. Speakers cannot present on a for-profit business, but rather how to better serve seniors
- ii. Senior trends
- iii. Aging Center of the Rockies
- iv. Debby Wells, works at agency in Denver, dementia information
- v. How will the new tax structure affect seniors?
- vi. Homestead Act
- vii. Minority aging population increasing as fast as non-minority? La Familia. Vida Sana. Minority outreach
- viii. Cindy Luzinski, Dementia Friendly; B Sharp
- ix. Lynette McGowan, Office on Aging, Caregiver Support Program, Stress Busting program, Powerful Tools for Caregivers
- x. Mental Health First Aid

IX. Updates

- a. Senior Transportation Coalition - Jason Brabson
- b. City of Fort Collins Affordable Housing, 1st Thursday, 4 pm; Greg Wells
- c. City of Fort Collins Transportation, 3rd Wednesday, 6 pm, 215 N. Mason community room - Jason Brabson
- d. PAFC steering committee: Myles Crane – new Executive Director, James Becker
- e. PAFC – Housing, Nancy Luttrupp- Villages, Neighbor to Neighbor,
- f. PAFC culture of aging committee-
- g. PAFC health and wellness committee-Myles – Senior Access Points <http://senioraccesslarimer.colostate.edu> ; starting in February, self-directed volunteer teams tackle short term projects, IE: candidates forum
- h. LCOA – Myles and Katie

VI. New Business – Brief Discussion of Any Issues of Concern

- a. Education -
- b. Outreach - “Cracking the Code” 1/22, 1:00-4:00 pm, Diversity Workshop
- c. Advocacy
- d. Vice Chair position – Myles Crane has offered his services

Adjourn - 1:25 pm

UPCOMING EVENTS:

UPCOMING SPEAKERS:

February 14 Bill Swalling Water’s Edge 11:45 am 30 minutes